

London Region Nordic Ski Club

60 minute Roller Ski Race + 1 lap (Free Technique)

12th July 2014 2.00pm, Hayes Cycle Circuit

Men's result

Position	Name	Laps	Time	Club
1	Robert Sircus	20	1.05.30	CNSBC
2	Alexander Bessarab	20	1.05.32	Hyde Park
3	Petter Johnsen	20	1.07.01	London Region
4	Lachlan Cowie	19	1.07.06	CNSBC
5	Miroslav Havelka	19	1.07.07	
6	Jordan Andrews	19	1.10.44	Wessex
7	Chez Davies	18	1.06.10	RAF
8	Adam Pinney	18	1.06.47	Yorkshire Dales
9	James McMillan	18	1.07.24	Hyde Park
10	Steve Perry	17	1.07.41	RAF
11	Gerglay Somogyi	17	1.08.08	Hyde Park
12	Dominic Luck	17	1.09.17	LRNSC
13	Alistair Brown	16	1.09.19	Manchester
14	Anders Soderback	16	1.10.41	LRNSC
15	Vimukta Thurlow	15	1.08.35	Hyde Park
16	Neil Salmons	15	1.12.01	Thames Valley
17	Richard Davies	13	1.08.43	Midland
18	John Davies	13	1.09.16	Midland
19	David Vale	12	1.12.55	Hyde Park
20	Terry Hall	12	1.14.13	LRNSC
21	Iain Ballentine	11	0.41.45	Hyde Park
22	Cynan Rhodes	11	1.09.05	LRNSC
23	Kieran Jarrett	11	1.09.20	RAF
24	Peter Drew	11	1.10.17	Hyde Park
25	Jeremy Price	10	1.08.12	LRNSC
26	David Hughes	10	1.16.52	
27	Ross Connell	9	1.09.23	Thames Valley
28	Charlie Hunter	7	0.53.26	LRNSC

Women's 60 mins + 1 lap (Free Technique)

1	Fern Cates	18	1.08.08	SkiFit
2	Alison Russell	17	1.07.13	Hyde Park
3	Flic Bertram	17	1.08.06	Thames Valley
4	Fiona Crossley	16	1.07.07	CNSBC
5	Katerina Rachael	16	1.07.10	Hyde Park
6	Jane Heward	16	1.10.16	Hyde Park
7	Ann Ford	15	1.08.18	Midland
8	Mary Wray	14	1.09.19	LRNSC
9	Glennis Dore	14	1.09.20	LRNSC
10	Bev Ridyard	14	1.10.02	Manchester
11	Amanda Richardson	13	1.09.44	Hyde Park
12	Holly Rees Lay	11	1.08.36	Thames Valley
13	Emilia Hornsey	11	1.14.25	RAF
14	Jennifer Snowdon	9	1.09.33	Hyde Park
15	Rebecca Hunter	9	1.15.12	LRNSC
16	Kim Vale	8	1.11.07	Hyde Park
17.	Jen Hutton	8	1.11.27	RAF
18	Emily Smith	7	0.43.16	Thames Valley
19	Catherine Rees Lay	5	0.56.00	Thames Valley

30 mins + 1 Lap Men

1	Mark Ebanks	6	43.00	LRNSC
2	Nigel Holt	6	45.23	LRNSC
3	Mike Howe	4	45.11	RAF
4	Des Goff	1	15.13	LRNSC

30 mins + 1 Lap Women

1	Pauline Styles	5	41.10	LRNSC
2	Margaret Chalmers	5	47.05	LRNSC

30 mins + 1 Lap 16-18 Female

1	Carla Semmani	9	40.01	CBNSC
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30 mins + 1 Lap 16-18 Male

1	Andrew Bessarab	10	35.30	Hyde Park
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30 mins + 1 Lap under 14 Female

1	Beth Ireland	7	38.25	Thames Valley
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30 mins + 1 Lap under 14 Male

1	Charlie Harrigan	10	37.51	LRNSC
2	Anders Mosli	6	48.40	Thames Valley

30 mins + 1 Lap 14 -15 Male

1	Dan Lay	4	41.18	Thames Valley
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